



**--Vicky Wyder, MA, PT, Cert. MDT, Master Golf Fitness Instructor
BACKtoGOLF Licensed Professional**

The **DBS Balance Zone Training System** is the most efficient method to teach "true" balance in the golf swing. From the beginner to the professional, that I work with this system is the most functional and effective device to teach balance and spinal stability; the result has been improved driving distance and accuracy.

**--Jay Platt, PT, ATC, CSCS
BACKtoGOLF Performance Center**

The **DBS Balance Zone Training System** gives the golfer immediate feedback of where their balance zone is throughout the swing. The various thickness of foam attachments make the board very versatile. You can use it for stability training exercises, as well as balance training golf drills and live ball striking. I have had great results with all levels of golfer.

**--Todd Jones, PGA Professional
Senior Master Instructor – PGA TOUR Golf Academy**

If the Shaft is the "Engine" of the Club, the Pivot is the "Engine" of the Golf Swing. To Pivot properly the golfer must not only transfer weight but do so in balance.

The **Dynamic Balance System** and the **Balance Zone Training Board** are undoubtedly the most effective way to train a powerful efficient Pivot.

Order from: Back 9 Fitness
"Specializing in Products & Services to improve your game!"



Balance Zone™ Order Form

Mail or fax back this form with your order or call us toll-free at **1-877-469-9865**

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Description	Qty.	Price/Item	Total
Training Board - Board Only		\$28.00	
Training System - Board plus Foam Attachments		\$49.00	

Published prices are subject to change. Back9Fitness® will advise on any price changes at time of order.

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